

Dear Kum Nye Teacher Training Level 1 [KNTT] Applicant:

Thank you for your interest in the Level 1 KNTT program that will start August 17, 2026 and run through July 25, 2027. Please be sure to check out the full program schedule on our KNTT website home page: https://kumnyeteachertrainingberkeley.com/

We hope you are engaging for your own well-being and personal development, and perhaps to develop the skill to share Kum Nye with others.

We would like to know more about you. As part of the application process, please answer the questionnaire that follows and send it to knttnyingmainstituteberkeley@gmail.com.

When we have received your response, the next step is a short Zoom or Facetime meeting with a faculty member so we can get to know you further, provide more details about the program, and answer any questions you may have.

We look forward to meeting you.

Best wishes,

KNTT Level 1 faculty (Abbe Blum, Donna Morton, Santosh Philip, Bram Williams, Jonathan Clewley and Matt Padwick)

**Application for the Kum Nye Teacher Training – Level 1**

August 2026 through July 2027

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age\_\_\_\_\_\_\_\_\_\_\_\_

Residence: where do you currently live? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What is your background or experience with Kum Nye?

Do you have a background in mind/body disciplines, such as yoga, meditation, tai chi?

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What is your intention/interest in this program? Is it for your personal interest/practice only? Are you interested in teaching Kum Nye? Are you interested in applying Kum Nye in your current field of work?

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Do you have any physical challenges that may make it difficult for you to fully participate in Kum Nye practice? (Please note that physical challenges do not limit a person’s ability to teach Kum Nye.)

Do you have any current concerns about mental health, stress, or trauma? If yes, what support and resources do you have in place?

The program schedule, as presented, requires attendance at a weekly live zoom class; we have two classes available each week at different times to accommodate different time zones.

The weekend workshops are designed for live attendance in order to present critical material, as well as to encourage group interaction. Attendance at the weekends is required, with limited exceptions.

Do you anticipate any difficulty in meeting this requirement?

If so, please share: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Thank you for your responses. Please send your completed questionnaire to knttnyingmainstituteberkeley@gmail.com. We will be in touch soon to set up a phone or zoom call with you.

Best regards,

Kum Nye faculty